

Alice Preston Plate

Championship Runner-up

Plate presented by Alice Preston, CLCGA President 1981-1984



| Year | Winner | Club | Year | Winner | Club |
|------|------------------|-----------------|------|-------------------|-------------|
| 1982 | Miss J. Currie | Appleby | 2006 | Miss C. Brown | Furness |
| 1983 | Miss J. Currie | Appleby | 2007 | Miss A. Stamper | |
| 1984 | Miss J. Currie | Appleby | 2008 | Miss R. Edwards | Maryport |
| 1985 | Miss K. Rylands | | 2009 | Miss E. Woodhouse | Furness |
| 1986 | Miss J. Currie | Appleby | 2010 | Miss R. Edwards | Maryport |
| 1987 | Miss J. Currie | Appleby | 2011 | Miss E. Woodhouse | Furness |
| 1988 | Miss J.A. McCall | Barrow | 2012 | Miss E. Woodhouse | Furness |
| 1989 | Miss J.A. McCall | Barrow | 2013 | Mrs N. Tebbutt | Carlisle |
| 1990 | Miss J. Currie | Appleby | 2014 | Miss N. Slater | Ulverston |
| 1991 | Mrs D. Beaty | | 2015 | Miss N. Slater | Ulverston |
| 1992 | Miss J. Viles | Barrow | 2016 | Miss H. Smith | Silloth |
| 1993 | Mrs H.E. Porter | Seascale | 2017 | Mrs S. Cousins | |
| 1994 | Miss F. Young | | 2018 | Miss K. Sibley | Carlisle |
| 1995 | Miss J. Currie | Appleby | 2019 | Mrs R. Waller | Kendal |
| 1996 | Mrs J. Blaydes | Kirkby Lonsdale | 2020 | COVID PANDEMIC | |
| 1997 | Mrs A. Wood | Furness | 2021 | Miss H. Barker | Carus Green |
| 1998 | Mrs P.E. Scott | | 2022 | Miss H. Smith | Silloth |
| 1999 | Miss J. Viles | Barrow | 2023 | Miss K. Sibley | Carlisle |
| 2000 | Mrs S. Salmon | | 2024 | Miss R Wildey | Eden |
| 2001 | Mrs A. Wood | Furness | | | |
| 2002 | Miss J. Clifford | | | | |
| 2003 | Mrs A. Wood | Furness | | | |
| 2004 | Mrs I. Williams | Penrith | | | |
| 2005 | Miss R. Edwards | Maryport | | | |