

Cumbria Ladies County Golf Association

March 2017 Newsletter



Welcome to the first County Captain's newsletter of 2017. I hope to provide you with an informative account of all the work the CLCGA does - it's not just about the county team - it's about providing support, guidance and advice to members of our association. Even though it is very early in the season, a lot has been happening so far this year.....

Cumbria Ladies vs Cumbria Ladies Vets

The build up to the County Championships and Northern Counties Match week is well and truly underway. The County Squad's first practice match took place on Sunday 25 March at Appleby Golf Club (thanks to Appleby for accommodating us). The weather was absolutely spectacular not your typical March weather. The format was 9 holes foursomes followed by 9 holes singles matchplay – all off scratch. The Ladies Vets took the early lead by winning the foursomes 6-4 with some spectacular golf from both sides. However, the County Ladies really got into their strides on the back 9 in the singles winning 5, halving 2 and losing 3. As the last match came down the 18th, County Ladies had 15 points and County Vets 13 so the Vets needed a win to draw the match. Naomi Brennan, Seascale GC was all square against Belinda Rigby, Workington GC as they walked onto the green both lying near the pin in 2. Naomi's putt had a good look at the hole but stayed out, Belinda had a putt to halve the whole match and it was close but not close enough. Final result County Ladies 16, County Vets 14. As always, the match was played in the true spirit of the game. I would like to thank Joan Cresswell, Barrow GC for pulling on a yellow polo shirt (rather than pink) and playing for my team – very much appreciated! Teams:

County Ladies: Harriet Barker (Carus Green GC); Sarah Cousins (Ulverston GC); Rebecca McIntyre (Carlisle GC); Nic Wood (Windermere GC); Hannah Smith (Silloth GC); Abby Roper (Seascale GC); Emily Smith (Silloth GC); Katie Sibley (Carlisle GC); Naomi Brennan (Seascale GC) & Joan Cresswell (Barrow GC)

County Ladies Vets: Niki Tebbutt (Carlisle GC); Janette McWhirter (Appleby GC); Brenda Ewbank (Appleby GC); Kath Bulman (Penrith GC); Alyson Wood (Furness GC); Trudy Hubbard (Ulverston GC); Rosie Waller (Kendal GC); Rosie Wadmore (Windermere GC); Julie McFee (Eden GC) & Belinda Rigby (Workington GC).



Northern Counties – Junior Jamboree

This year, Cumbria will be host to the Northern Counties Junior Jamboree on Wednesday 2 and Thursday 3 August which Carlisle Golf Club have very kindly agreed to host for us. It is a fantastic incentive for our juniors with handicaps of 15 or more to be selected and represent their county. CJO Belinda and her team are busy planning and making preparations for what will truly be an exciting event and for all intents and purposes is a mini-match week. One of the big differences being that we do not receive England Golf funding for this event - so cap in hand - if there are any clubs able to give even just a small donation/run an extra raffle for this event - it would be extremely appreciated.



Spring Delegates Meeting – 18 March 2017

This year's spring delegates meeting took place on 18 March and thanks to Penrith Golf Club for hosting this event for us. On the agenda this year was a presentation by Becky Underwood, Development Officer for Active Cumbria on the exciting new England Golf initiative – Girls Golf Rocks – (more details on page 3). Other items included an update from our new North Region and England Golf County representative, Jenny Bland; news from Carole Slater, County Handicap Advisor, regarding the new Local Rule eliminating the penalty for a golfer who accidentally causes a ball to move on the putting green and also open competition reporting of results – full details of both have been passed onto clubs by Carol; County Competitions – changes to format (please see bottom of page 3 for full update); CJO report by Belinda Rigby who was delighted to announce that Caitlin Whitehead, Kendal GC has been selected by England to play for the U18s vs Scotland's U18s at Montrose GC in the Scottish Girls Open Stroke Play Championship on 12-14 April. Good luck Caitlin! Jane Harper, Silver League Secretary urged all clubs to get their fixtures to her as soon as possible (for both Silver and Cecil Leitch). County Vice-Captain made a plea for trolley pullers at this year's county match week which will take place 'next door' at Morecambe Golf Club – 19 to 23 June.



U18s and U14s Coaching

We've had two coaching sessions so far with new coach, Graeme Lisle, Professional at Carlisle Golf Club. The weather has been kind on both days which makes a huge difference to the quality of the output on the day. Graeme has been extremely impressed with the talent and commitment of our juniors which is testament to our CJO, Belinda Rigby who works tirelessly behind the scenes liaising with clubs/professionals/parents and the juniors to make sure the girls are on the right track; getting handicaps; entering competitions and are also getting the right coaching for them.



CHANGE TO CONTACT DETAILS FOR CECIL LEITCH LEAGUE MATCHES:

Please can Cecil Leitch team captains please, for the foreseeable future, send all fixtures, results, queries and any other correspondence to: Mrs Jane Harper – Silver League Secretary. Jane's full contact details can be found on the County's website:

www.cumbria-lcga.co.uk

Thank you.

Girls Golf Rocks!

The project aims are to address the disparity between girls and boys participation in golf and will be delivered in partnership by England Golf; The Golf Foundation; the Cumbria Golf Development Group and the County Ladies Golf Association. All of us will work together to target new girls aged 5-18 in a county wide recruitment drive. Four centres within the county will deliver girls only coaching sessions with emphasis placed on fun, social and friendship aspects of golf rather than just the coaching and playing side of the game. A number of the county junior girls squad members have been recruited as Ambassadors who assume the position of role models to inspire the new girls and support their continued participation during the project. Our Ambassadors will receive leadership training and asked to support the recruitment drive as well as providing feedback on how to drive the programme forward. Delivery of the project will consist of a 7-week programme which includes:

- Taster day run during March/Easter Holidays; 5 weeks of coaching (to be completed within 2 weeks of the taster day and to be completed by May;
- Par 3 fun event where the new girls play with the County Ambassadors in May;
- Discounted membership opportunities are promoted along with follow on coaching in either girls only session or integrated into junior coaching at the centre.

The four centres/taster days and contacts are:

Kendal Golf Club – Sat 15 April 2017 – 4.30pm-6.30pm Contact benwaller29@yahoo.co.uk

Ulverston Golf Club – Sunday 30 April 2017 – 10am to 12 noon Contact alyn_c@hotmail.com

Silloth Golf Club – Sunday 30 April – 1pm to 4pm Contact bev.new@aol.co.uk

Brampton Golf Club – Saturday 13 May – 2pm to 4pm Contact philipwaughgolf@gmail.com



County Competitions - Changes to Format

Bronze Championship – The Bronze Championship will now be played on the middle day of the County Championship – this year on Wednesday 31 May at Kendal Golf Club. Previously the Bronze Champion was decided by a Stableford conversion. However, – after consulting all clubs last year – we have agreed that the Bronze Champion will be the player who returns a full medal score on the day – there will also be a separate Stableford prize for any player who decides to pick up on any hole.

Also, in 2018, we are trying to organise a number of our open competitions on a weekend. As with most clubs, entries to open competitions are declining and so to try and attract working ladies and also enabling juniors to support our events, we are liaising with clubs to try and facilitate this. This will be on a trial basis.

Dates for your Diary:

13 May - Mixed 4BBB - Eden GC
30 May - Girls Championship - Kendal GC
30 May - County Championship - Kendal GC
31 May - Bronze Championship - Kendal GC
1 June - Team Event - Kendal GC
15 June - 1DTT - Appleby GC
19 - 23 June - Northern Counties Match Week - Morecambe GC
3 July - Cecil Leitch 5 Club Final - Dunnerholme GC
10 July - County 4BBB - Seascale GC
17 July - Summer Meeting - Brampton GC
2 - 3 August - Northern Counties Junior Jamboree - Carlisle GC
We realise that there are so many

Mrs Louise Mayne

It is with great sadness that we have to announce the death of Mrs Louise Mayne - member of Penrith Golf Club.

Louise was a Vice-President; County Secretary for 6 years and soon after finishing as County Secretary she was appointed the Vets Secretary completing 5 years in the role. In more recent years she held the position of Vets President for two years and not only will she be missed in Cumbria but throughout the Northern Counties. Isobel Williams said of Louise that "she was a lovely lady, always gracious and who did everything with a smile. Never one to force her opinion on anyone but rather would offer valuable and truthful advice. She was great encourager who only saw the best in everyone. She was a gentle caring lady, indeed a lady in every sense of the word."

Squad Coaching 2017

Our two coaching sessions with Alyn Cousins, Professional at Ulverston Golf Club took place on Sunday 12 February/Sunday 12 March. Unfortunately our first session on the range was cut short because of the bitter cold so we moved indoors where Lyn Hill from Silloth GC is working with the squad this year on psychology. We had more success with our second session where the squad were put through a number of short game skills challenges. Alyn is working with the players to get them thinking about what sort of shot to play bearing in mind the potential for severe windy weather at Morecambe GC for match week and to introduce these shots into their games. We also had a workshop with Tim Barry, Head of Department of Medical & Sport Sciences at the University of Cumbria. One of the key points he asked the squad to think about was their post-shot routine (yes post-shot!). Our annual friendly matches are now in full flow which gives us valuable foursomes practice. Next match is on Sunday 9 April against Carlisle Men's Scratch Team followed by our friendly against Northumberland Ladies at Workington GC on 23 April, finishing off with Cumbria Men's Senior Team at Kirkby Lonsdale Golf Club on Monday 1 May.

